



Women's Power Circles: An intimate network of women leaders who want to step into their power to lead meaningful change in their organisations.

Stepping into your power is an embodied approach that enables women to cultivate who they are being in their leadership, transforming their identity, determining for themselves how they show up as a leader, thus massively increasing their impact.

Do you want to:

- Be more powerful and confident
- Align your leadership presence with the future you wish to create.
- Break through habitual patterns of behaviour that are holding you back
- Access the power within yourself to build connection and empowerment with your team.

If so, come together with a group of professional women where you can reflect on your leadership by tapping into the wisdom of the body. You will be coached, learn from your peers and feel empowered to try something different.

Being part of this group of women is not only very moving, it creates an army of witnesses to your personal growth. You connect with each other as human beings and become fervent supporters of each other when you get back to the workplace.

You build lasting relationships with other women leaders who you can:

- Sit with
- Think with
- Be in conversation with
- Learn with
- Invent with
- Innovate with

Our unique embodied approach works at the intersection between language (how and what you think), embodied learning (how you habitually behave) and new action (what's possible), enabling you to.

Who you are is how you lead, who you are is the impact you have



STEPPING INTO YOUR POWER

Women's Power Circles is open to senior and director level leaders. We meet together every six weeks for 2 – 3 hours via Zoom video conferencing. Dates are mutually agreed.

The programme includes:

- Introductory dialogue.
- 8 x six weekly circles:
 - › Power of Beginning
 - › Power of Conversation
 - › Lets talk about Power
 - › Power of Commitment
 - › Power of Pause
 - › Power of Seeing Systems
 - › Power of Creating Movement
 - › Power of Practice
- Digital learning platform for ongoing engagement and conversation

Fee for this 12-month programme is £2,275 plus VAT (if applicable).

For a no obligation exploratory conversation, contact Eunice:

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Visit our website

www.eaconsult.co.uk